

# Fresco 2020 Programs



Here's a list of upcoming Fresco Programs, so check your calendar and come on out to play or learn something new!

Visit us online at [www.frescoadventures.com](http://www.frescoadventures.com) and [www.meetup.com/Fresco-Adventures](http://www.meetup.com/Fresco-Adventures) for updates

## January:

**Teleconference:** Wednesday, January 8, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

**Workshop:** Thursday, January 23, 5-7PM – Teen Money Management/Investing at the Sports and Learning Complex in MD (\$10)

**Workshop:** Thursday, January 23, 7-9PM – Adult Money Management/Investing at the Sports and Learning Complex in MD (\$10)

**Hike:** Sunday, January 26, 12-3PM – Anne Maries Garden in Solomon's Island, MD – 5 Miles (FREE)

**Workshop:** Tuesday, January 28 – February 18, 5-7PM – Teen Money Management/Investing – Sports/Learning Complex, MD (\$50)

## February:

**Workshop:** Thursday, February 6 7-9PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)

**Hike:** Sunday, February 9, 12-4PM – Urban Walk, Old Town Alexandria, VA – 4 Miles (FREE)

## March:

**Teleconference:** Wednesday, March 11, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

**Workshop:** Thursday, March 17-April 7, 7-9PM – Adult Money Management/Investing - Sports and Learning Complex in MD (\$50)

**Hike:** Saturday, March 21, 9AM-1PM – Billy Goat Trail– 10 Miles (FREE)

**Hike and Wine:** Sunday, March 22, 11AM to 2PM – Hike and Wine in Virginia – (\$69)

## April:

**Workshop:** Tuesday, April 21 – May 5, 7-9PM – Basics of the Stock Market at the Sports and Learning Complex in Maryland (\$50)

**Hike:** Saturday, April 25, 9AM-1PM – Cunningham Falls in MD– 10 Miles (FREE)

**Hike and Lunch:** Sunday, April 26, 11AM-2PM – Jefferson Patterson Park in Maryland – 3 miles (\$15)

**Hike and Wine:** Sunday, April 26, 11AM-2PM – Jefferson State Park in Maryland – (\$69)

## May:

**Teleconference:** Wednesday, May 6, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

**Hike:** Saturday, May 16, 9AM-1PM – Old Rag – 8 Miles (FREE)

**Hike and Wine:** Sunday, May 17, 11AM to 2PM – Hike and Wine in Virginia - (\$69)

**Workshop:** Tuesday, May 19 7-9PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)

**Excursion:** Saturday-Wednesday, May 29-June 10, **Israel, Jordan, Egypt** (\$5745)

## June:

**Excursion:** Saturday-Monday, June 6-15, **Israel, Jordan, Egypt/Nile Cruise** (\$4595)

**Hike:** Wednesday, June 17, 6:30-8:30PM – Evening Meditation Hike Introduction – 3 miles (FREE)

**Hike and Wine:** Saturday, June 20, 11AM-2PM – Jefferson State Park in Maryland – (\$69)

**Waterfun:** Sunday, June 21, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

**Workshop:** Thursday, June 25, 5-7PM – Teen Introduction to Money Management and Investing (\$10)

**Workshop:** Thursday, June 25, 7-9PM - Adult Introduction to Money Management and Investing (\$10)

## July:

**Hike:** Wednesday, July 1, 6:30-8:30PM – Evening Meditation Hike – Glover Archibald Trail - 4 miles (\$10)

**Hike and Wine:** Saturday, July 11, 11AM-2PM – Hike and Wine in Virginia – (\$69)

**Waterfun:** Sunday, July 12, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)

**Hike:** Wednesday, July 15 6:30-8:30PM – Evening Meditation Hike – Circles of DC – 3 miles (\$10)

**Excursion:** Monday – Sunday, July 19-26 – **Paris Adventure #3 to Tennessee** – 7Day Getaway (\$2895)

**Hike:** Wednesday, July 29 6:30-8:30PM – Evening Meditation Hike – C&O Canal – 3 miles (\$10)

## August:

**Hike:** Monday, August 3, Full Moon Night Hike – 3 miles (FREE)

**Teleconference:** Wednesday, August 5, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview (FREE)

**Waterfun:** Saturday, August 8, 4-7PM – Evening Kayak and Dinner along the Patuxent River in Maryland (\$59)

**Hike and Wine:** Saturday, August 8, 11AM to 2PM – Hike and Wine in Maryland - (\$69)

**Hike:** Wednesday, August 12, 6:30-8:30PM – Evening Meditation Hike – Soapstone Trail – 3 miles (\$10)

Fresco Enterprises, LLC

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## Fresco 2020 Programs



### September:

**Workshop:** Thursday, September 17, 5-7PM – Teens Introduction to Money Management and Investing (\$10)

**Workshop:** Thursday, September 17, 7-9PM – Adult Introduction to Money Management and Investing (\$10)

**Hike:** Saturday, September 19, 9AM-1PM – Appalachian Trail in Maryland – 10 Miles (FREE)

**Hike and Wine:** Sunday, September 20, 11AM to 2PM – Hike and Wine in Virginia - (\$69)

**Workshop:** Tuesday, September 22, 7-9PM – How to Start/ Organize an Investment Club – Sports/Learning Complex in MD (\$10)

**Excursion:** Thursday– Sunday, September 24 – October 6 – **South Africa Adventure (\$5625)**

### October:

**Workshop:** Thursday, October 15-Nov. 5, 6-8PM –Teen Money Mgt/Investing at the Sports and Learning Complex in MD (\$50)

**Hike:** Saturday, October 17, 9AM-1PM – Mary's Rock in Virginia – 10 Miles (FREE)

**Hike and Lunch:** Sunday, October 18, 11AM-2PM – Jefferson Patterson Park in Maryland – 3 miles (\$15)

**Hike and Wine:** Sunday, October 18, 11AM to 2PM – Hike and Wine in Maryland - (\$69)

### November:

**Workshop:** Tuesday, November 10-December 1, 7-9PM –Adult Money Mgt/Investing, Sports and Learning Complex in MD (\$50)

**Hike and Wine:** Saturday, November 14, 11AM to 2PM – Hike and Wine in Virginia - (\$69)

**Hike:** Monday, November 30, Full Moon Night Hike – 3 miles (FREE)

### December:

**Hike:** Sunday, December 13 1-4PM Harpers Ferry Holiday Hike – 6 miles (FREE)

**Workshop:** Tuesday, Dec. 15-29, 7-9PM –Basics of the Stock Market at the Sports and Learning Complex in Maryland (\$50)

*Register for all programs online at [www.meetup.com/fresco-adventures](http://www.meetup.com/fresco-adventures)*

# Fresco 2020 Programs



## Program Summary

### Hike and Lunch Programs (\$15):

Sunday, October 18, 11AM-2PM – Jefferson Patterson Park in Maryland – 3 miles  
Sunday, April 26, 11AM-2PM – Jefferson Patterson Park in Maryland – 3 miles

### Hike, Wine, and Lunch Programs (\$69):

Sunday, March 22, 11AM to 2PM – Hike and Wine in Virginia  
Sunday, April 26, 11AM-2PM – Jefferson State Park in Maryland  
Sunday, May 17, 11AM to 2PM – Hike and Wine in Virginia  
Saturday, June 20, 11AZM -2PM – Jefferson State Park in Maryland  
Saturday, July 11, 11AM-2PM – Hike and Wine in Virginia  
Saturday, August 8, 11AM to 2PM – Hike and Wine in Maryland  
Sunday, September 20, 11AM to 2PM – Hike and Wine in Virginia  
Sunday, October 18, 11AM to 2PM – Hike and Wine in Maryland  
Saturday, November 14, 11AM to 2PM – Hike and Wine in Virginia

### Hikes and Walks (FREE):

Sunday, January 26, 12-3PM – Anne Maries Garden in Solomon's Island, MD – 5 Miles  
Sunday, February 9, 12-4PM – Urban Walk, Old Town Alexandria, VA – 4 Miles  
Saturday, March 21, 9AM-1PM – Billy Goat Trail– 10 Miles  
Saturday, April 25, 9AM-1PM – Cunningham Falls in MD– 10 Miles  
Saturday, May 16, 9AM-1PM – Old Rag – 8 Miles  
Monday, August 3, Full Moon Night Hike – 3 miles  
Saturday, September 19, 9AM-1PM – Appalachian Trail in Maryland – 10 Miles  
Saturday, October 17, 9AM-1PM – Mary's Rock in Virginia – 10 Miles  
Monday, November 30, Full Moon Night Hike – 3 miles  
Sunday, December 13 1-4PM Harpers Ferry Holiday Hike – 6 miles

### Summer Meditation Walks:

Wednesday, June 17, 6:30-8:30PM – Evening Meditation Hike Introduction – 3 miles (FREE)  
Wednesday, July 1, 6:30-8:30PM – Evening Meditation Hike – Glover Archibald Trail - 4 miles (\$10)  
Wednesday, July 15 6:30-8:30PM – Evening Meditation Hike – Circles of DC – 3 miles (\$10)  
Wednesday, July 29 6:30-8:30PM – Evening Meditation Hike – C&O Canal – 3 miles (\$10)  
Wednesday, August 12, 6:30-8:30PM – Evening Meditation Hike – Soapstone Trail – 3 miles (\$10)

### 7 Days to Wellness Program Overview (FREE):

Wednesday, January 8, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview  
Wednesday, March 11, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview  
Wednesday, May 6, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview  
Wednesday, August 5, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview

### WaterFun Programs:

Sunday, June 21, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)  
Sunday, July 12, 10AM to 1PM – Kayak, Lunch and Wine in Maryland - (\$75)  
Saturday, August 8, 4-7PM – Evening Kayak and Dinner along the Patuxent River in Maryland (\$59)

## Fresco 2020 Programs



### Money Management and Investment Programs at the PG Sports and Learning Complex:

Thursday, January 23, 5-7PM –Teen Money Management/Investing at the Sports and Learning Complex in MD (\$10)  
Thursday, January 23, 7-9PM –Adult Money Management/Investing at the Sports and Learning Complex in MD (\$10)  
Tuesday, January 28 – February 18, 5-7PM –Teen Money Management/Investing –Sports/Learning Complex, MD (\$50)  
Thursday, February 6 7-9PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)  
Thursday, March 17-April 7, 7-9PM –Adult Money Management/Investing - Sports and Learning Complex in MD (\$50)  
Tuesday, April 21 – May 5, 7-9PM –Basics of the Stock Market at the Sports and Learning Complex in Maryland (\$50)  
Tuesday, May 19 7-9PM – How to Start and Organize and Investment Club – Sports/Learning Complex in MD (\$10)  
Thursday, June 25, 5-7PM – Teen Introduction to Money Management and Investing (\$10)  
Thursday, June 25, 7-9PM - Adult Introduction to Money Management and Investing (\$10)  
Thursday, September 17, 5-7PM – Teens Introduction to Money Management and Investing (\$10)  
Thursday, September 17, 7-9PM – Adult Introduction to Money Management and Investing (\$10)  
Tuesday, September 22, 7-9PM – How to Start/ Organize an Investment Club – Sports/Learning Complex in MD (\$10)  
Thursday, October 15-Nov. 5, 6-8PM –Teen Money Mgt/Investing at the Sports and Learning Complex in MD (\$50)  
Tuesday, November 10-December 1, 7-9PM –Adult Money Mgt/Investing, Sports and Learning Complex in MD (\$50)  
Tuesday, Dec. 15-29, 7-9PM –Basics of the Stock Market at the Sports and Learning Complex in Maryland (\$50)

### Excursions:

Saturday-Wednesday, May 29-June 10, **Israel, Jordan, Egypt** (\$5945)  
Saturday-Monday, June 6-15, **Israel, Jordan, Egypt/Nile Cruise** (\$4595)  
Monday – Sunday, July 19-26 – **Paris Adventure #3 to Tennessee** – 7Day Getaway (\$2895)  
Thursday– Sunday, September 24 – October 6 – **South Africa Adventure** (\$5625)

### FREE Programs:

Wednesday, January 8, 6-7PM – 7 Days to Lose the Waste Teleconference Program Overview  
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